

Practicum #1

My tasks were to:

- Prepare the soil (weed, turnover, fertilize)
- Plant the starter plants
- Water twice a day
- Weed, prune, and fertilize
- Harvest the tomatoes
- Clear the garden and plant Fall Rye

I learnt:

- Tomato plants need a lot of water
- There are some people that recommend pruning tomato plants and others that don't seem to think it would make a difference
- I find gardening to be a calming activity



Practicum #2

My tasks were to:

- Clear out the cupboards
- Clean thoroughly
- Sort and organize
- Use first in – first out on shelves
- Maintain system day-to-day

I learnt:

- I like it when the cupboards/drawers are neat and tidy
- When I get busy, I tend to not take the steps to keep the cupboards neat



Practicum #3

My tasks were to:

- Learn how to make different breads
- Bake a loaf or two each week
- Try different recipes and see which ones we like the best

I learnt:

- I mastered my goal of making fresh homemade soup and a fresh loaf of sourdough bread
- Sourdough bread can be very sticky and hard to clean off of bowls and counters
- I like baking and find it relaxing
- Working in a bakery would mean starting very early in the morning.



Practicum #4

My tasks were to:

- Make 5 different soups and salads to go with them
- Shop, prepare, cook and clean

I learnt:

- I find that it is good to make enough soup for two days and on the second day the soup often tastes better.
- Also, it is easier and faster to cook up a lot of the protein (chicken or beef) a head of time and simply add to the soup.

